Spatial and temporal patterns of small-scale mixing in Drake Passage

Andrew F. Thompson  
Scripps Institution of Oceanography, University of California, San Diego

Sarah T. Gille  
Scripps Institution of Oceanography & Department of Mechanical and Aerospace Engineering,  
University of California, San Diego

Jennifer A. MacKinnon  
Scripps Institution of Oceanography, University of California, San Diego

Janet Sprintall  
Scripps Institution of Oceanography, University of California, San Diego

Submitted to Journal of Physical Oceanography on November 8, 2005  
Revised version submitted on January 23, 2005

corresponding author address:  
Andrew F. Thompson  
Scripps Institution of Oceanography  
University of California, San Diego  
La Jolla, CA 92093-0213  
athompso@ucsd.edu
Abstract

Temperature and salinity profiles obtained with expendable CTD (XCTD) probes throughout Drake Passage, Southern Ocean between February 2002 and July 2005 are analyzed to estimate turbulent diapycnal eddy diffusivities to a depth of 1000 m. Diffusivity values are inferred from density/temperature inversions and internal-wave vertical strain. Both methods reveal the same pattern of spatial variability across Drake Passage; diffusivity estimates from inversions exceed those from vertical strain by a factor of three over most of Drake Passage.

The Polar Front (PF) separates two dynamically different regions. Strong thermohaline intrusions characterize profiles obtained north of the PF. South of the PF, stratification is determined largely by salinity, and temperature is typically unstably stratified between 100- and 600-m depth. In the upper 400 m, turbulent diapycnal diffusivities are $\mathcal{O}(10^{-3} \text{ m}^2 \text{s}^{-1})$ north of the PF, but decrease to $\mathcal{O}(10^{-4} \text{ m}^2 \text{s}^{-1})$ or smaller south of the PF. Below 400 m diffusivities typically exceed $10^{-4} \text{ m}^2 \text{s}^{-1}$. Diffusivities decay weakly with depth north of the PF, whereas diffusivities increase with depth and peak near the local temperature maximum south of the PF. The meridional pattern in near-surface mixing corresponds to local maxima and minima of both wind stress and wind stress variance. Near-surface diffusivities are also found to be larger during winter months north of the PF. Wind-driven near-inertial waves, strong mesoscale eddy activity and double-diffusive convection are suggested as possible factors contributing to observed mixing patterns.
1 Introduction

Observations in the Southern Ocean suggest that mixing is intense and widespread, even well above rough topography. Naveira Garabato et al. (2004) analyze velocity fluctuations caused by the internal wave field in Drake Passage and the Scotia Sea to show that turbulent diapycnal eddy diffusivities $\kappa_\rho$ can exceed background values by up to three orders of magnitude. They further find that values of $\kappa_\rho$ greater than $10^{-3}$ m$^2$ s$^{-1}$ extend more than 2000 m above the bottom. From analysis of strain variance in the WOCE hydrographic profiles of the Southern Hemisphere, Sloyan (2005) shows that enhanced mixing above topography occurs throughout the Southern Ocean. Also, unlike mid-latitude ocean basins, where diffusivities return to background levels within 1000 m of the bottom, elevated diffusivities are found up to depths of at least 1500 m (Sloyan 2005). The detection of elevated mixing rates in the Southern Ocean suggests that diapycnal mixing significantly influences local dynamics.

However, the pathways through which mixing influences Southern Ocean dynamics are not well understood, mainly because the Southern Ocean has many features that differentiate it from other ocean basins. The Southern Ocean is subject to wind forcing and mesoscale eddy activity that are well above mid- and low-latITUDE levels (Rintoul et al. 2001, Sprintall 2003). Zonal velocities are also significantly larger in the Southern Ocean because of the strong Antarctic Circumpolar Current (ACC). Furthermore, within the ACC, isopycnals slope upward toward the surface and can outcrop, allowing deep and intermediate waters to be affected by wind and buoyancy forcing. Speer et al. (2000) describe how surface fluxes convert upwelled water into Intermediate Water and Subantarctic Mode Water, which are then advected away from the outcropping site. Thus the Southern Ocean is subject to a number of unique forcings, and it is unclear whether mixing descriptions (e.g., subgridscale parameterizations in large-scale climate models) based upon mid- and low-latITUDE physics are appropriate at higher southern latitudes.

This uncertainty about the relative importance of mixing in Southern Ocean dynamics has led to a disparity in how diapycnal mixing is incorporated in models of the Southern Ocean’s meridional circulation. Historically, it is thought that a balance between wind-driven Ekman flow and mesoscale eddies determines the meridional circulation (Johnson & Bryden 1989, Speer et al.
2000). In the studies of Karsten et al. (2002) and Bryden & Cunningham (2003), diapycnal mixing has little effect on Southern Ocean dynamics. Instead, sub-surface mixing occurs primarily along isopycnals and all diapycnal exchanges are limited to surface processes. However, Cessi & Fantini (2004) suggest that diapycnal mixing plays a prominent role in determining the deep stratification of the Southern Ocean. Cessi & Fantini (2004) also find that the depth of the thermocline can depend on the magnitude of $\kappa$. A more complete understanding of diapycnal mixing processes in this region is necessary to assess the validity of the various proposed circulation models.

Additionally, a better understanding of diapycnal mixing processes in the Southern Ocean may offer a solution to the long-standing global “missing mixing” problem. Munk's (1966) estimate of a uniform diapycnal eddy diffusivity, $\kappa = 10^{-4} \text{m}^2 \text{s}^{-1}$, assumes that nearly all North Atlantic Deep Water (NADW) upwells at low latitudes. The discrepancy between this predicted value and observed open-ocean values, which are an order of magnitude smaller (Gregg 1987, Toole et al. 1994, Kunze & Sanford 1996), is partially explained by the patchiness of low-latitude turbulence—i.e., turbulence is elevated over rough topography (Polzin et al. 1997). As an alternative solution, Toggweiler & Samuels (1995) propose that conversion of NADW into new water masses through upwelling and mixing in the Southern Ocean may effectively short circuit the low latitude diapycnal mixing described by Munk (1966). Conversion of NADW depends on both the magnitude and distribution of diapycnal mixing and the rate at which upwelled water is exported to other ocean basins via the meridional circulation. Significant NADW upwelling in the Southern Ocean would reduce the low-latitude value of $\kappa$ needed for mass conservation.

Unfortunately, mixing rates in the Southern Ocean remain poorly constrained, primarily because few direct observations exist in the region. The remoteness and harsh conditions of the Southern Ocean have so far prevented extensive microstructure measurements that can explicitly resolve small-scale diapycnal mixing. Although this leaves some uncertainty in the quantitative description of mixing rates, the results of previous Southern-Ocean-based studies (Polzin & Firing 1997, Naveira Garabato et al. 2003, Sloyan 2005) clearly show that mixing processes in this region are characterized by strong spatial intermittency.

Kunze (2003), Naveira Garabato et al. (2004) and Sloyan (2005) all focus on abyssal mixing
processes and offer little information about the temporal variability of the mixing events. In fact, few studies have addressed the temporal variability of mixing events in the open ocean. Gregg (1977) and Finnegan et al. (2002) present open-ocean mixing measurements repeated at the same location during different seasons. Gregg (1977) provides some evidence of seasonal dependence, while numerical studies (Nagasawa et al. 2000) have confirmed that the intensity of internal waves can vary in response to seasonal changes in the wind stress. Finnegan et al. (2002), who focus on topographic effects, do not comment on any temporal variability.

With the importance of both spatial and temporal variability in mind, we analyze a unique data set collected in Drake Passage over the past five years as part of Scripps Institution of Oceanography’s (SIO) High Resolution XBT/XCTD Network. This study departs from previous studies in Drake Passage by concentrating on mixing events in the upper 1000 m of the water column. Small-scale mixing rates are inferred from finescale observations using the Thorpe scale method (Dillon 1982), which requires detecting turbulent overturns in an otherwise stable density profile. We also analyze vertical strain spectra as an independent measure of turbulent diffusivities. Our results focus primarily upon the observed spatial mixing patterns with a view towards understanding what processes dominate upper-ocean mixing in the Southern Ocean.

To our knowledge, this is the first study that determines small-scale mixing rates from XCTD data. While XCTDs have slightly higher noise than traditional CTDs, this is compensated by the fact that XCTDs do not suffer the same error associated with ship roll. We show that, with sufficient coverage, XCTDs (and possibly XBTs in regions where density is largely independent of salinity) provide a relatively inexpensive method for estimating the magnitude and spatial variability of mixing rates. However, XCTDs do not offer the accuracy or physical insight afforded by more costly microstructure measurements.

We discuss both the Thorpe scale and the vertical strain spectral methods in section 2. A description of the data set and our processing techniques appears in section 3, which also includes a comparison with other Thorpe scale studies. We discuss our results in section 4 with emphasis on spatial and seasonal variations in mixing intensity. Thorpe scale estimates are also compared to estimates obtained from the strain spectral analysis. We suggest possible mechanisms for the
observed spatial and temporal patterns in section 5, and our conclusions appear in section 6.

2 Background

2.1 Thorpe scales

Because of the expensive nature of collecting ocean data at microscale resolution, many theories have been proposed that allow small-scale mixing rates to be estimated from coarser-resolution data. A basic goal is to determine the kinetic energy dissipation rate $\varepsilon$, which is related to the stratification and a turbulent mixing length, the Ozmidov scale $L_O$ (Ozmidov 1965), by

$$\varepsilon = L_O^2 N^3,$$

(1)

where $N^2 = -g \rho_0^{-1} (d\rho/dz)$ is the squared buoyancy frequency. Ferron et al. (1998) offer the physical explanation that $L_O$ corresponds to the vertical distance $l$ that a particle of fluid moves if all its kinetic energy is converted to potential energy (assuming that $\varepsilon \sim w^3/l$, where $w$ is a vertical velocity scale). Therefore $L_O$ is a measure of the maximum size of an overturn in a stratified fluid. It is difficult to obtain an estimate for $L_O$ independently since $\varepsilon$ can only be resolved with centimeter-scale microstructure measurements.

The Thorpe scale $L_T$ (Thorpe 1977, Dillon 1982) provides a length associated with the size of density overturns in an otherwise stably stratified fluid. The method involves re-ordering a potential density profile that may contain inversions into a stable monotonic profile. Anywhere in the initial profile where a gravitational instability exists, the displacement from the original position to the re-ordered position, known as the Thorpe displacement $d'$, is non-zero. The root mean square of the Thorpe displacements associated with a single overturn region gives the Thorpe scale $L_T$ for that turbulent event, or

$$L_T \equiv \sqrt{\langle d'^2 \rangle},$$

(2)

where $\langle \rangle$ indicates an average over a single overturn. Although overturns are not one-dimensional, the Thorpe scale gives a good estimate of an overturn size as long as the mean horizontal gradient is much smaller than the vertical gradient, which is satisfied in the Southern Ocean.
Since $L_O$ and $L_T$ are two different estimates of overturning lengths, it is reasonable to expect that a linear relationship exists between the two, although spatial and temporal variability in the turbulent field means that any relation is only valid in a statistical sense. Dillon (1982) studies the relationship between $L_O$ and $L_T$ and finds that $L_O = (0.79 \pm 0.4)L_T$. A number of other studies followed, including Crawford (1986) who proposes a smaller coefficient $L_O = (0.66 \pm 0.27) L_T$ for an oceanic thermocline and Ferron et al. (1998) who propose a larger coefficient $L_O = (0.95 \pm 0.6) L_T$ for an abyssal region. The errors of both these studies overlap Dillon’s (1982) original results, which we will apply in our present analysis. This then implies that the turbulent dissipation of an individual overturn can be calculated directly from the buoyancy frequency and the Thorpe scale. Using (1) gives

$$
\varepsilon_i = 0.64 L_T^2 \langle N \rangle_i^3,
$$

where subscript $i$ refers to the $i$th overturn.

Turbulent dissipation is often converted to a diapycnal eddy diffusivity $\kappa_\rho$ using the model given in Osborn (1980), where

$$
\kappa_\rho = \Gamma \varepsilon N^{-2}.
$$

The mixing efficiency $\Gamma$ has been shown to vary depending on the origin of the turbulence (Caldwell & Moum 1995), although most studies assume $\Gamma$ is a constant equal to 0.2. We will follow this convention as well.

There is an important distinction between the two values of $N$ used in the calculation of $\varepsilon$ and $\kappa_\rho$. In determining the dissipation of a single overturn, the buoyancy frequency in (3) should be the mean value of $N$ in the reordered region of the overturn, or $\langle N \rangle_i$, since overturns occur preferentially in regions of low stratification (Alford & Pinkel, 2000). The calculation of $\kappa_\rho$ in (4) requires that the background buoyancy frequency $N$ be applied since (4) arises from a representation of $\kappa_\rho$ as a turbulent diffusion acting on the background density gradient (see discussion in Ferron et al. 1998).

From (3) and (4) we can see that, outside of overturning regions, both $\varepsilon$ and $\kappa_\rho$ are zero. Calculation of a depth-averaged quantity includes both overturning and quiet regions. An example is given by

$$
\overline{\varepsilon} = \sum_i \frac{\varepsilon_i L_{z_i}}{H},
$$

where $L_{z_i}$ is the length of the overturn and $H$ is the depth of the water column.
where $L_{zi}$ is the size of the $i$th overturn and $H$ is the depth over which we choose to average. It is important to note that $\bar{\varepsilon}$ can be smaller than the minimum resolvable turbulent dissipation of an individual overturn. To ease notation we will not use overbars, and unless otherwise stated, all symbols refer to depth-averaged quantities for the remainder of the paper.

There remains some uncertainty about the validity of the relationships $L_O = 0.8L_T$ and $\Gamma = 0.2$. Furthermore, the theory surrounding Thorpe scales assumes that the system is in steady state, which is a difficult condition to verify in a region as energetic as the ACC. Therefore we view with some caution the magnitude of the results presented here and focus primarily on the spatial and temporal patterns that appear to be a robust feature of mixing in Drake Passage.

### 2.2 Strain spectral analysis

An independent method of inferring dissipation rates comes from evidence that ocean mixing is related to the energy density of the internal gravity wave field. Nonlinear wave-wave interactions transfer energy and momentum to increasingly smaller-scale waves, which are more likely to break down into turbulence. McComas & Müller (1981) and Henyey et al. (1986) suggest formulas to estimate turbulent dissipation rates by comparing the shape of energy spectra, which are influenced by wave-wave interactions, to the energy spectrum of a canonical internal wave field proposed by Garrett & Munk (1975) and referred to here as GM. Gregg (1989) verifies that a correlation exists between the internal wave shear and mixing rates in the open ocean at vertical scales greater than 10 m. Wijesekera et al. (1993) test the various internal wave–dissipation models and find that under certain conditions, scalings comparing the strain rates of the internal wave field to the GM spectrum provide better agreement with observational data than the internal wave shear. Wijesekera et al. (1993) also show that reasonable dissipation estimates are obtained even when the wave field varies significantly from the GM form, which is likely the case in Drake Passage.

Vertical strain can be obtained from vertical derivatives of properties such as potential density and temperature (a discussion of our methods appears in section 4.4), and Fourier transforming gives the spectral representation $\phi_\lambda$. Following Kunze (2003) strain variance levels $\langle \zeta^2 \rangle$ are determined by integrating $\phi_\lambda$ from a minimum vertical wavenumber $k_{\text{min}}$ out to a maximum wavenumber.
such that

$$\langle \xi_z^2 \rangle = \int_{k_{min}}^{k_{max}} \phi(k) dk = 0.2. \quad (6)$$

The constant 0.2 in (6) is somewhat arbitrary. We find that varying this constant has a small effect on mixing amplitudes, and does not affect the spatial pattern we describe in section 4.4. The GM strain variance level is computed over the same wavenumber band so that

$$\langle \xi_z^2 \rangle_{GM} = \frac{\pi E_0 b j_*}{2} \int_{k_{min}}^{k_{max}} \frac{k^2}{(k + k_*)} \phi(k) dk, \quad (7)$$

where $E_0 = 6.3 \times 10^{-5}$ is the dimensionless energy level, $b = 1300$ m the scale depth of the thermocline, $j_* = 3$ the reference mode number and $2 \pi k_* = \beta_* = 0.0073 \left( N/N_0 \right)$ the reference wavenumber with $N_0 = 0.00524$ s$^{-1}$. These parameters are given in Gregg and Kunze (1991). Note that the GM strain spectrum given in (7) is flat for $k \gg k_*$. In oceanic data a $k^{-1}$ rolloff is observed at high wavenumbers, which has led to a modification of the GM spectrum by including a factor of $k^{-1}$ to the empirical formula beyond $k = 0.1$ cpm (Winkel 1998). In our study, the integrations in (6) and (7) occur over the flat part of the GM spectrum.

Once the strain variance levels have been determined, we follow the results of Gregg et al. (2003) and calculate the turbulent diffusivity from the formula

$$\kappa_\phi = \kappa_0 \frac{\langle \xi_z^2 \rangle}{\langle \xi_z^2 \rangle_{GM}} \mathcal{H}(R_\omega) \mathcal{J}(f, N), \quad (8)$$

where $\kappa_0 = 0.05 \times 10^{-4}$ m$^2$s$^{-1}$. The two functions $\mathcal{H}$ and $\mathcal{J}$ are empirical results that account for changes in the frequency content of the GM wave field and changes in latitude respectively. Henyey (1991) shows that frequency content is related to the shear-strain ratio $R_\omega = \langle V_z^2 \rangle / (N^2 \langle \xi_z^2 \rangle)$, where $V_z$ is the vertical derivative of horizontal velocity. We do not have velocity data to accompany our profiles; therefore we rely on shear-strain ratio estimates from previous studies. Naveira Garabato et al. (2004) report a consistent mean value of $R_\omega$ between 8 and 12, independent of location. Kunze (personal communication) also finds values of $R_\omega$ between 10 and 20 at high latitudes. Taking $R_\omega = 10$ with

$$\mathcal{H}(R_\omega) = \frac{3 R_\omega (R_\omega + 1)}{4 (R_{\omega_{GM}}^2)} \sqrt{\frac{2}{R_\omega - 1}} \quad (9)$$

and $R_{\omega_{GM}} = 3$, we find that the turbulent diffusivity is enhanced by nearly a factor of 5 above regions with typical GM wave fields. Over the range $8 < R_\omega < 20$, $\mathcal{H}$ varies by a factor of 3.5. The
formula given in (9) is equivalent to equation (4) of Gregg et al. (2003) multiplied by \((R_\omega/R_{\omega_{GM}})^2\) to convert from shear-variance ratios to strain-variance ratios.

The latitude dependence also tends to enhance mixing at high latitudes, although we find that the effect is less influential than the shear-ratio dependence. The function \(J\) is given by

\[
J(f, N) = \frac{f \cosh^{-1}(N/f)}{f_{30} \cosh^{-1}(N_0/f_{30})},
\]

where \(N_0\) is defined above and \(f_{30} = f(30^\circ) = 7.29 \times 10^{-5} \text{ s}^{-1}\). Applying characteristic Drake Passage values to (10), \(N = 2.5 \times 10^{-3} \text{ s}^{-1}\) and \(f_{58} = 1.2 \times 10^{-4} \text{ s}^{-1}\), we find the amplification is small with \(J \approx 1.25\). The factor \(J\) has a stronger effect at low latitudes and has been used by Gregg et al. (2003) to explain the observation of reduced mixing near the equator.

3 Measurements

3.1 Measurement location

Since 1996 the High Resolution XBT/XCTD Network maintained by SIO has collected temperature and salinity data in Drake Passage along WOCE-designated transect AX22, between Tierra del Fuego and the Antarctic Peninsula (Figure 1). Starting in February of 2002 the Sippican Digital XCTD was introduced, which has an improved vertical resolution of approximately 0.13 meters. During each subsequent cruise, six XCTDs were released at the following latitudes: 56.0°, 57.0°, 57.5°, 58.0°, 59.0° and 60.5° S.¹ Since 2002, 22 transects have been completed with XCTD data. After discarding erroneous profiles, we analyze no less than 19 individual profiles at each of the six latitude locations. These profiles are roughly evenly divided between summer and winter months. Figure 1 indicates the position of each of these casts. While the latitudes of the casts are consistent, the longitude can vary due to the particular scientific mission of the cruise or inclement weather. Most casts fall along the middle of three typical routes across Drake Passage (Sprintall 2003) indicated by the dashed line in Figure 1. Profiles of temperature and salinity from casts that deviate from this middle route do not show significant variations from the other casts.

¹The XBTs, which only measure temperature, have a finer horizontal resolution of 15-20 km. We only analyze XCTDs since salinity makes an important contribution to the density throughout Drake Passage.
Figure 1 also shows the bathymetry of Drake Passage. XCTDs only sample the upper 1000 m of the water column and therefore our measurements are well above the sill depth of the major topographical features. The most significant of these features close to our measurement sites is the Shackleton Fracture Zone, which lies to the east of the southernmost casts. Strong internal waves and eddy activity may be generated in this region (Cunningham et al. 2003), but it is unclear if the effects propagate back towards our study area because of the strong eastward ACC. Naveira Garabato et al. (2004) have also found elevated mixing over topography located roughly 500 km to the west of our current study site and north of the Sub-Antarctic Front. It is possible that internal waves generated in this region could radiate towards our measurement sites.

3.2 Data acquisition and processing

Data were collected using a Sippican Digital XCTD profiler with a known fall rate. As an XCTD falls through the water column, thermistor resistance and conductivity are relayed back to the ship through a copper wire to the Sippican MK12 data acquisition software. The expendable profilers employ a dual spooling mechanism that decouples the effects of ship roll that affect typical CTDs. The dual spooling mechanism allows XCTDs to be viable tools for observing finescale structure in Drake Passage.

The XCTDs sample to a depth of 1100 m, although the lower 100 m are prone to error due to wire stretch. The upper 100 m are also noisy due to weak stratification within the mixed layer. Therefore we present our results for the region between 100 and 1000 m.

We first formed spectra of the raw temperature and salinity profiles and determined a noise floor for each quantity. The salinity was found to be considerably noisier than the temperature profiles due to a mismatch between temperature and conductivity sensors. To eliminate this problem we smoothed the temperature and salinity profiles with triangular filters that had a vertical scale of 1 m for the temperature profiles and 4 m for the salinity profiles. The smoothed temperature and salinity profiles were used to form the potential density profile with density referenced to the

\[\text{We worried about the effects of smoothing temperature and salinity over different scales, especially because of observed thermohaline intrusions, but our results were essentially unchanged when temperature was smoothed out to the same scale as salinity.}\]
Over much of Drake Passage, only the potential density profiles can be used to determine overturns because of compensated thermohaline intrusions or an unstable temperature stratification. However, south of the Polar Front there is a persistent temperature maximum between 400 and 600 m, below which temperature steadily decreases. In this region stratification is weak, and noise in the salinity profiles can produce large spurious overturns. Therefore below the temperature maximum we followed Peters et al. (1995) and analyze both density and temperature profiles, only accepting overturns if they are detected in both properties (see discussion below). Visual inspection of the profiles indicates that this is an efficient way to eliminate spurious overturns in weakly stratified regions.

After profiles are re-ordered to be gravitationally stable, overturns are defined to be regions over which the integral of Thorpe displacements is equal to zero (Dillon 1982). The limiting factor in overturn detection is the noise level of the potential density profiles. After detrending and analyzing a number of different sections, the average noise in the XCTDs was determined to be $\delta \rho = 0.001$ kg m$^{-3}$. Following Galbraith and Kelley (1996) the minimum thickness of a resolvable overturn is given by

$$L_{\rho_{\text{min}}} \approx 2 \frac{g}{N^2} \frac{\delta \rho}{\rho_0},$$

where $\rho_0$ is the mean density. Since $N^2$ can vary by an order of magnitude over Drake Passage, the resolution size depends strongly on both latitude and depth. In Figure 2 we show (a) $N$ and (b) $L_{\rho_{\text{min}}}$ throughout Drake Passage averaged over all casts. In our detection algorithm, each possible overturn must be thicker than $L_{\rho_{\text{min}}}$ (with a minimum size of 4 m, the salinity smoothing scale), and the difference between its maximum and minimum density must be $2\delta \rho$ before it is accepted as a valid overturn. Over most of Drake Passage, $L_{\rho_{\text{min}}}$ is only slightly greater than 4 m, but south of the Polar Front at depths close to 1000 m, stratification is weak and $L_{\rho_{\text{min}}}$ approaches 20 m. Although Stansfield et al. (2001) show that the largest overturns make the most important contribution to the turbulent dissipation, we may underestimate mixing in very weakly stratified regions if many smaller overturns are discarded.

Galbraith & Kelley (1996) propose two tests, the run-length test and the water-mass test, to
eliminate spurious overturns. Johnson & Garrett (2004) have since shown that the run-length test is often unreliable for distinguishing between real overturns and noise, and they suggest that Thorpe scale estimates provide an upper bound on mixing rates when the run-length test is not applied. The water-mass test is designed to eliminate spurious overturns due to $T/S$ mismatch as occurs with XCTDs. Most $T/S$ mismatch is eliminated by our smoothing procedures. However, we find that most of our overturns are close to or just below the critical value for acceptance proposed by Galbraith & Kelley (1996). Visual inspection of these overturn regions on a $T$-$S$ diagram do not show the looping structure that is characteristic of $T/S$ mismatch (Galbraith & Kelley 1996). Following Martin & Rudnick (2005) we use a water-mass-test criteria less strict than Galbraith & Kelley (1996) by a factor of 2. Most overturns that fail our water-mass test are found at depth, south of the Polar Front, and are also typically eliminated on the basis of overturns not appearing in both temperature and potential density profiles.

Figure 3 shows examples of typical profiles in the northern (upper panels) and southern (lower panels) regions of Drake Passage. The use of temperature profiles to detect overturns is shown at both sites for comparison, but in general this method only modifies mixing rates below the temperature maximum south of the Polar Front. The gray curves in panels (a), (b), (f) and (g) are the reordered profiles, while the Thorpe displacements due to potential density (black) and temperature (gray) are shown in panels (d) and (i). The large overturn in density at the bottom of panel (i) is a common feature of southern Drake Passage profiles and is caused by noise in the salinity profile. The resulting values of $L_T$ for each accepted overturn are shown in panels (e) and (j). An expanded view of one of the larger overturns in our data set is shown in panels (f-h).

Initially 5686 possible overturns are detected, and after all tests are applied, 1301 overturns are accepted as real. For each overturn, values for $L_T$, $N$ and $\varepsilon$ are computed (not depth-averaged quantities). Profiles of $L_T$ and $\varepsilon$ are constructed that are zero outside of overturns and nonzero within. Profiles of $\kappa_\rho$ are computed from (4) using $\varepsilon$ and the background buoyancy frequency calculated over 100 m bins. Depth averaged quantities of $L_T$, $\varepsilon$ and $\kappa_\rho$ are computed over the same 100 m bins following (5), and each bin is averaged over many casts.
3.3 XCTD noise effects

Johnson & Garrett introduce the non-dimensional parameters $Q$ and $n$ to describe the two limiting factors of overturn detection: density resolution and vertical resolution. Using values from our study given in Table 1, $Q$, the amplitude of the noise scaled by the density change over the section, is

$$Q = \frac{\delta \rho}{(d\rho/dz)H} = 0.01 - 0.1,$$

and $n$ is given by

$$n = \frac{H}{h} \approx 800,$$

where $\delta \rho$ is the instrument noise, $d\rho/dz$ the stratification, $H$ the section length and $h$ the vertical sampling interval. For $nQ > 1$, density resolution limits overturn detection (as in our study), while for $nQ < 1$, vertical resolution limits overturn detection (Stansfield et al. 2001).

In Table 1 we present values for dimensional and non-dimensional noise parameters of different Thorpe scale studies. The studies listed, with the exception of Timmermans et al. (2003), include near-surface measurements similar to ours. Timmermans et al. (2003) consider thermohaline staircase structures in the deep Canada Basin and analyze temperature profiles as opposed to density so that $\delta \rho$ and $d\rho/dz$ are replaced by $\delta T$ and $dT/dz$ in Table 1. Figure 4 illustrates the location of these studies in parameter space. Overturn detection improves as $Q$ decreases and $n$ increases. Johnson & Garrett (2004) find that studies in the upper left region of Figure 4 are reliable, whereas true overturns are indistinguishable from noise in the study of Timmermans et al. (2003). The weak stratification of Drake Passage pushes the limits of XCTD overturn detection, which is reflected in our comparatively large values of $L_{\rho_{\text{min}}}$. (cf. Finnegan et al. (2002) where $L_{\rho_{\text{min}}}$ varies between 0.2 and 10 m). However, as discussed below, we find good agreement between spatial patterns in the Thorpe scale and strain spectral methods. This latter method depends on scales larger than 15 m that should be unaffected by noise and gives us confidence in our results.

Figure 5 (a) presents the cumulative density function of the total dissipation based on the size of all accepted overturns. The solid vertical line represents the minimum value of $L_{\rho_{\text{min}}}$ (4 m), the dotted line is the mean value of $L_{\rho_{\text{min}}}$ over Drake Passage (6.5 m) and the dashed line is the maximum value of $L_{\rho_{\text{min}}}$ (19.5 m). Figure 5 (b) shows that the probability density function of
overturn size is lognormally distributed as described by Ferron et al. (1998) and Stansfield et al. (2001). The peak in the distribution occurs between 10 and 12 m. Therefore if $L_{\rho \text{min}} > 12$ m we might expect a significant portion of the overturns to be indistinguishable from noise. Note that $L_{\rho \text{min}}$ exceeds 12 m in a only small region of our domain (Figure 2 (b)).

As a final test we analyzed both density and temperature profiles from 20 XCTD casts in the mid-latitude South Pacific and found $\kappa_\rho$ values of $\mathcal{O}(10^{-5} - 10^{-4}$ m$^2$s$^{-1}$), comparable to open-ocean levels acquired from microstructure measurements. The parameters for the temperature profiles of these Pacific XCTDs are included in Table 1 and Figure 4 for comparison.

4 Results

4.1 Drake Passage and the Polar Front

While the focus of this study is primarily on mixing, the XCTD data set offers one of the few multi-year surveys of hydrography available in the Southern Ocean. For this reason we briefly comment upon some of the temperature and salinity properties of Drake Passage before discussing our mixing results.

The most striking feature of the XCTD data is that profiles in northern and southern Drake Passage exhibit distinct differences, with the transition between the two regions occurring at the Polar Front (PF). The average position of the PF, taken as the northernmost extent of the 2° C isotherm at 200 m (Orsi et al. 1995) and shown in Figure 1, passes our measurement sites at 58.4° S, but the instantaneous position of the PF can vary by hundreds of kilometers. Figure 6 (a) shows the position of the PF as determined by the closely-spaced XBTs during each cruise used in our study. The horizontal lines indicate the measurement latitudes of the XCTDs. To emphasize the importance of the PF transition, we show $\sigma_g$, $T$ and $S$ profiles from two casts taken at the same latitude (59° S) and separated by only three months, but taken on different sides of the PF. These two casts show markedly different characteristics despite temporal and spatial proximity.

North of the PF, profiles are characterized by rapid, compensating inversions in temperature and salinity that have a thickness of 20 to 50 m (Figures 3 (b) & (c) and 6 (f) & (g)). Mesoscale
eddy energy is significantly larger north of the PF (Sprintall 2003, Lenn et al. 2005). These eddies give rise to thermohaline intrusions that are persistent features of northern Drake Passage (Joyce et al. 1978, Toole 1981) and give the region its T/S interleaving signature. South of the PF eddy energy is much lower and there is little deviation between profiles. Temperature in the upper 100 m varies seasonally, but a sharp minimum consistently occurs near 100 m (Figure 6 (c)). Temperature then increases weakly until it reaches a maximum between 400 and 600 m. Below this depth temperature steadily decreases. Although temperature is unstably stratified between the two extrema, the density profile remains stably stratified due to the salinity field. The unstable temperature and the stable salinity gradients suggest that the water column could be prone to double diffusive convection, which we discuss further in section 5.2.

Figure 2 shows buoyancy frequency values averaged over (a) all casts and also divided into (c) winter (April to September) and (d) summer (October to March) months. The stratification between 100 and 1000 m of Drake Passage varies little between winter and summer. Despite the rapid changes in temperature and salinity north of the PF, the buoyancy frequency is roughly constant with \( N \approx 2.5 \times 10^{-3} \) s\(^{-1}\), although at depths between 200 and 400 m \( N \) is slightly smaller. In contrast, stratification south of the PF decreases monotonically with increasing depth. Over the upper 1000 m, \( N \) typically drops by a factor of 5.

The sharp change in properties across the PF suggests that different physical processes may govern mixing in these two regions.

4.2 Thorpe scales

Along with buoyancy frequency, the Thorpe scale \( L_T \) is the fundamental quantity from which \( \varepsilon \) and in turn \( \kappa_\rho \) are inferred. The depth-averaged value of \( \varepsilon \) depends on the number and size of overturns (that pass the criteria in section 3.2) as well as the magnitude of \( L_T \) associated with each overturn.

Figure 7 (a) shows 100 m depth-averaged \( L_T \) for all casts. In northern Drake Passage, elevated values of \( L_T \) up to 5 m are found in the upper 100 to 400 m and decay away from the surface. The surface-intensified values extend as far south as 58° S and are largest near 57° S. Below 500 m \( L_T \) is approximately 2 m. In southern Drake Passage, surface values are considerably smaller.
with $L_T \approx 1$ m. Rather than decaying with depth, $L_T$ increases to a maximum value of roughly 2.5 m near a depth of 500 m. Below this peak, $L_T$ decreases with depth. In Figures 7 and 8 the cross-hatched area indicates a region where $L_{\rho_{\text{min.}}} > 12$ m (Figure 2 (b)) and overturn detection is marginal. Overall, our $L_T$ estimates are comparable to previous Thorpe scale studies that encountered regions of weak stratification, such as Ferron et al. (1998) and Finnegan et al. (2002).

Figure 8 shows that there is a strong seasonal variation in $L_T$. The surface-intensified $L_T$ values observed in Figure 7 (a) are largely due to winter mixing events. The dominant spatial pattern is also clearer in winter months (Figure 8 (a)), when a relatively quiet region with $L_T$ less than 2 m stretches from the surface in southern Drake Passage to a depth of almost 1000 m in northern Drake Passage. During summer months (Figure 8 (b)), Thorpe scale values are more vertically uniform although $L_T$ generally remains larger in northern Drake Passage. The mid-depth maximum in $L_T$ in southern Drake Passage is observed in both summer and winter months with a maximum value $L_T \approx 3.5$ m occurring at 59° S in the summer and shifting to 60.5° S in the winter.

4.3 Thorpe scale estimates of $\varepsilon$ and $\kappa_\rho$

Figure 7 (b) presents 100 m depth-averaged values of $\varepsilon$ for all casts. Again the dominant spatial pattern indicates enhanced dissipation at the surface in northern Drake Passage and a mid-depth maximum at latitudes of 59° and 60.5° S. Dissipation values span approximately two orders of magnitude ranging from $10^{-7}$ to $10^{-9}$ W kg$^{-1}$. The spatial pattern in $\varepsilon$ is clearer during winter months (not shown). During summer months $\varepsilon$ has a nearly uniform value of $10^{-8}$ W kg$^{-1}$ across the Passage with the exception of the 100-200 m bins north of the PF where $\varepsilon$ is slightly larger and the 800-1000 m bins at 60.5° S where $\varepsilon$ is slightly smaller.

Figure 7 (c) shows 100 m depth-averaged $\kappa_\rho$ for all casts; values are determined from $\varepsilon$ and $N$ according to (4). In general $\kappa_\rho$ follows the same spatial pattern as $\varepsilon$ although the pattern here is more distinct. Near the surface in northern Drake Passage, $\kappa_\rho$ exceeds $10^{-3}$ m$^2$s$^{-1}$ and then decays with depth to a background level of about $4 \times 10^{-4}$ m$^2$s$^{-1}$. In southern Drake Passage the diffusivities are smaller with minimum rates of $2 \times 10^{-5}$ m$^2$s$^{-1}$ at 60.5° S near the surface and peaking at $2 \times 10^{-3}$ m$^2$s$^{-1}$ at 500 to 700 m depth.
Figures 8 (c) and (d) show $\kappa_\rho$ divided into winter and summer months. Again the dominant spatial pattern in $\kappa_\rho$ is clearer during winter months. North of the PF, near-surface values of $\kappa_\rho$ decrease significantly from winter to summer months while at depths greater than 400 m, the summer values of $\kappa_\rho$ are as large or larger than winter values. The net result is a smoothing of the dominant spatial pattern in the summer.

In Figure 9 we present 100 m depth-averaged values (bold lines) of $\varepsilon$ and $\kappa_\rho$ for all casts collected (a & c) south of the PF and (b & d) north of the PF. As described above, a pattern of surface-elevated mixing north of the PF is clearly shown, as is the trend of increasing mixing with depth to 600 m south of the PF. Again, the PF appears to delineate regions of differing mixing patterns. In each 100 m bin the outer vertical lines represent statistical uncertainty based on the bootstrap method (Efron & Gong 1983).\footnote{Values of $\varepsilon$ and $\kappa_\rho$ were binned into 100 m intervals. These binned profiles were subsampled and averaged 100 times using one-half of the available data in each bin. The error bars in Figure 9 represent the 3rd and 97th percentile of the resulting distribution. We use 75 casts collected north of the PF, and 39 casts collected south of the PF.}

The values of $\varepsilon$ and $\kappa_\rho$ shown in Figures 7 - 9 are larger than typically observed open-ocean subthermocline background levels, although they remain smaller than elevated mixing rates observed above rough topography (as in Drake Passage, Naveira Garabato et al. 2004) and over sills (as in the Romanche Fracture Zone, Ferron et al. 1998). However, open-ocean comparisons may be inadequate because of the unique characteristics of Drake Passage, such as strong zonal flow and strong mesoscale eddy activity (Lenn et al. 2005). The dynamic pathways between eddies and turbulent dissipation are not well understood, but it has been suggested that eddies may enhance mixing (Polzin, personal communication). Further discussion appears in section 5.2. In the following section we present an alternative method of inferring $\kappa_\rho$ to help verify these results.

### 4.4 Strain rate estimates of $\kappa_\rho$

Kunze (2003) calculates strain spectra from profiles of buoyancy frequency and the vertical derivative of potential temperature. While the buoyancy frequency estimate can be sensitive to salinity variations where stratification is weak, temperature-inferred strain is not expected to work well in regions where finestructure water-mass variability, such as thermohaline intrusions and interleav-
ing, is strong. Since interleaving is a distinctive feature of Drake Passage, it is not surprising that temperature-inferred strain produce $\kappa_\rho$ estimates significantly larger than the buoyancy frequency estimates. As an alternative, Finnegan et al. (2002) analyze strain spectra initially formed from displacement profiles of potential density. We find that both the buoyancy frequency profiles and the displacement profiles give spectra with the same amplitude to within 15%, and more importantly, they show the same spatial distribution of mixing across Drake Passage.\(^4\)

We divide the data into 200 m segments so that there are no large changes in buoyancy frequency within each bin. The uppermost segment is taken to start at 150 m in order to exclude the mixed layer, which can give anomalously large strain variances. All other segments begin at multiples of 100 m so they are half-overlapping. To determine strain we first remove a linear trend, then normalize the result by the mean buoyancy frequency over each segment. Spectra at each latitude and from each depth are averaged over all casts.

Figure 10 shows spectra from two different latitudes and at various depths. Our vertical wave number spectra for strain agree well with the GM model (bold curve) with a flat region at intermediate wavenumbers that rolls off to a slightly red spectra at the highest resolved wavenumbers. The left hand panels show spectra from casts taken exclusively north of the PF at 56° S, while the right hand panels are from 60.5° S, exclusively south of the PF. The strain variance ratios are determined by integrating both the measured spectra and the GM spectra from $k_{\text{min}} = 0.01$ out to $k_{\text{max}}$, as described in (6). The value of $k_{\text{max}}$ is given in each panel by the dashed vertical line. Figure 10 shows that the amplitude of the strain spectra decreases with depth at locations north of the PF, while the amplitude increases with depth at locations south of the PF. The vertical eddy diffusivity based on the strain spectral analysis $\kappa_\phi$ is computed using the formula in (8) where we have taken $\mathcal{H}(R_\omega)\mathcal{J}(f,N) = 5$ based on the discussion in section 2.2. The corresponding value of $\kappa_\phi$ is given in each panel.

Figure 11 (a) shows a representation of $\kappa_\phi$ for all casts. The spatial pattern found using the Thorpe scale method remains the dominant feature. Mixing rates are elevated near the surface

\(^{4}\)The spectra plotted in Figure 10 are based on the buoyancy frequency profiles. These were chosen because there is less noise at high wavenumbers, although we note that this does not affect our mixing rate estimates which depend on strain variances at low wavenumbers.
north of the PF, whereas mixing rates tend to be larger away from the surface south of the PF. Although still present, the mid-depth maximum in mixing south of the PF is not as clearly defined in the strain rate estimate primarily because $\kappa_\phi$ does not decrease rapidly below the temperature maximum as $\kappa_\rho$ does in the Thorpe scale analysis. Also, $\kappa_\rho$ spans a smaller range of values than $\kappa_\phi$ (Figure 7 (c)).

Figure 11 (b) gives the ratio of $\kappa_\rho$ to $\kappa_\phi$. Throughout Drake Passage the Thorpe scale estimate is generally larger than the strain estimate. This suggests that the Thorpe scale estimate may provide an upper bound on mixing rates (see discussion in section 3.2). Over most regions of Drake Passage the ratio of the two estimates is roughly 2-3 and only exceeds 5 in one bin at 59° S. Because of the assumptions that go into both the Thorpe scale and strain spectral methods, specifically the reliance on numerical constants $R_\omega$ and $L_T/L_O$, there appears to be relatively good agreement between the two methods. The fact that both methods exhibit the same spatial pattern suggests that the dominant contribution to overturning is internal wave breaking.

5 Discussion

The results of the previous section provide evidence that mixing events north and south of the PF are distinctly different. Mixing estimates from both Thorpe scale and strain rate methods most likely reflect internal wave breaking. However, the spatial and seasonal mixing patterns are also correlated with distinct patterns in winds, thermohaline intrusions and mesoscale eddy activity across Drake Passage. In this section we discuss the implications of these different processes.

5.1 Winds

Large diffusivity values near the surface in northern Drake Passage suggest that winds influence mixing in this region. In a steady state ocean (which may not be a particularly accurate model for the Southern Ocean), the rate of energy input by wind must be equal to the turbulent dissipation. Wunsch’s (1998) study of the wind work on the general ocean circulation shows that the total energy input is dominated by Southern Ocean winds. Local dissipation of this energy would help support the high mixing rates we observe in Drake Passage. While Wunsch (1998) considers the
role of low-frequency wind work on the general circulation, Alford (2001) describes how higher-frequency fluctuations in the winds can generate inertial motions in the mixed layer that propagate downward as near-inertial internal waves and eventually break causing small-scale mixing. This second process is more likely to explain the spatial patterns and the seasonality of the upper-ocean mixing signal. Alford (2003) notes that his turbulent dissipation values for the Southern Ocean are likely under-estimated because data-poor high-southern-latitude NCEP winds are unreliable.

To study the wind’s influence on mixing in Drake Passage, we analyze QuikScat mean wind fields obtained from CERSAT at IFREMER (http://ifremer.fr/cersat). The winds are computed from the NASA SeaWinds scatterometer and are provided as monthly averages on a global 0.5° × 0.5° resolution geographical grid. Over our study period, both wind speed and wind stress exhibit the same spatial and seasonal patterns. We present the wind stress data here because the energy flux input by wind is proportional to $\tau \cdot u$, where $\tau$ is the wind stress and $u$ is the current velocity.

Figure 12 (a) shows the average wind stress in Drake Passage for all months between January 2002 and July 2005. Strong winds give rise to a large wind stress west of the southern tip of South America. The strong eastward flow of the ACC may advect near-inertial waves formed in this region towards our study site. Wind stress decays moving eastward into our study site. Figure 12 (b) presents wind stress data along the mean cruise track (given by the dashed line in panel (a)) averaged over all months as well as winter (April-Sept.) and summer (Oct.-March) months. Along the cruise track, wind stress peaks just south of 57° S and has a minimum near 59.5° S. The locations of the wind stress extrema correspond well with the locations of extrema in our surface values of $\kappa_\rho$ (Figure 7 (c)). These results complement the hydrography by providing further evidence that the region north of the PF is more energetic than south of the PF.

The seasonal change in wind stress amplitude is roughly uniform across Drake Passage despite our observations of a seasonal mixing signal north of the PF (Figure 8). We expect that storms produce the greatest energy flux into the surface layer, therefore wind stress variance may provide a better indicator of the wind’s influence on mixing. Figure 13 plots wind stress variance along the mean cruise track using 12-hour QuikScat winds from summer and winter months between January 2002 and July 2005. In agreement with Gille (2005), we find that the magnitude of the wind stress
variance increases significantly during winter months throughout Drake Passage. During summer, wind stress variance is nearly uniform across Drake Passage, whereas during winter months there is a clear peak in variance at the northern measurement sites (indicated by the dotted lines). This provides a possible explanation for the seasonal signal in $\kappa_\rho$ north of the PF.

5.2 Other Possible Mixing Mechanisms

5.2.1 North of the PF

Observations of compensating interleaving in temperature ($T$) and salinity ($S$) (Figures 3 (b) & (c) and 6 (f) & (g)) suggest that thermohaline intrusions play an important role in the dynamics of Drake Passage. Toole (1981) points out that in Drake Passage intrusions are typically confined to the upper 1000 m. Therefore our XCTD casts capture the region of strongest thermohaline variability. Thermohaline intrusions are associated with double diffusive convection, which may represent an alternative source of mixing. While thermohaline intrusions can be driven by both fingering (Ruddick & Turner, 1979) and diffusive (Thompson & Veronis, 2005) interfaces, fingering convection tends to be more vigorous.

Focusing on casts north of the PF, we analyze 60 prominent cases of $T/S$ interleaving and determine the density ratio for each of these possible intrusions. We select the region of the intrusion where the $T/S$ profiles are susceptible to fingering (i.e. $T$ is the stabilizing component), in which case the density ratio is defined by $R_\rho \equiv \alpha \Delta T / \beta \Delta S$. Here $\Delta T$ and $\Delta S$ are the $T$ and $S$ differences over the region where $S$ is unstably stratified, and $\alpha$ and $\beta$ are local coefficients of expansion for $T$ and $S$ respectively. Mean values of $\alpha$ and $\beta$ for each intrusion are calculated using the 1980 equation of state for seawater (UNESCO 1981). Over these 60 interleaving regions we find that $R_\rho$ has a mean value of 1.46 with a standard deviation of 0.29. The mean thickness of the regions we analyze is 23.5 m, and the maximum thickness is 50 m.

Fingering convection becomes stronger as $R_\rho$ approaches 1. Our values for $R_\rho$ suggest that thermohaline intrusions in this region may, in places, exhibit strong fingering and could be a source of diapycnal mixing. However, strong zonal flow, eddies and internal waves may act to disrupt finger structures making it difficult to calculate vertical fluxes. Walsh & Ruddick (2000) show
that turbulence significantly alters the growth and formation of intrusions as well as the associated fluxes of heat and salt. Larson & Gregg (1983) hypothesize that near-inertial waves aid in intrusion formation, which may also point to strong internal wave activity north of the PF.

There is no observational evidence that eddies enhance diapycnal mixing; still, they have a large influence on Drake Passage dynamics north of the PF. The ability of Drake Passage eddies to stir large-scale $T/S$ gradients and form thermohaline intrusions is discussed by Garrett (1982). The intrusions are assumed to generate fingering convection from which Garrett (1982) calculates a diapycnal diffusivity. This primitive model predicts $\kappa_\rho$ to be an order of magnitude smaller than those inferred from the internal wave field. Ferrari & Polzin (2005) consider similar dynamics in the North Atlantic and suggest that a better understanding of the processes that arrest interleaving could determine whether mesoscale eddies enhance mixing.

While the possibility exists that thermohaline intrusions, mesoscale eddies and internal waves interact in complicated ways to enhance mixing, these dynamics are poorly understood. Still, all these processes indicate that the region north of the PF is more energetic than south of the PF. The complete lack of interleaving south of the PF indicates that physical processes governing mixing in this region are potentially very different.

### 5.2.2 South of the PF

South of the PF, $T$ and $S$ stratification in the upper 500 m of the water column is susceptible to the diffusive regime of double diffusive convection (lower panels of Figure 3). The $T/S$ profiles in this area are similar to profiles collected in eastern and central Weddell Sea where thermohaline staircases form (Muench et al. 1990). Staircase structures, however, are not apparent in the Drake Passage data set. It is possible that the resolution of the XCTDs is unable to capture this behavior, although it is more likely that conditions, such as the region’s proximity to large topographic features, strong currents and frontal systems, are unfavorable for staircase formation.

We calculate $R_\rho \equiv \beta \Delta S/\alpha \Delta T$, which by convention is the inverse of the fingering case so that $R_\rho$ is always $\geq 1$. $\Delta T$ is the difference between the $T$ minimum near the surface and the mid-depth $T$ maximum; $\Delta S$ is the $S$ change over the same depth. Averaging over all casts with similar profiles,
we find that $R_{\rho} = 2.66$ with a standard deviation of 0.50. This value is larger than those reported in the Weddell Sea, where $R_{\rho} = 1.52$ and 1.36 in regions of stronger and weaker temperature gradients respectively (Muench et al. 1990). Mixing is enhanced as $R_{\rho} \to 1$, so that our value suggests that double diffusive convection is generally weak. When $R_{\rho}$ exceeds 3, thermohaline staircases are unlikely to form (Muench et al. 1990).

Howard et al. (2004) suggest a method for determining diapycnal diffusivities in the absence of staircases, however the fluxes derived from this technique are swamped by the turbulent mixing inferred from the Thorpe scale and strain rate. However, it is intriguing that Muench et al. (1990) observe a sharp increase in eddy diffusivity near the local $T$ maximum, with $\kappa_T$ exceeding $10^{-3}$ m$^2$s$^{-1}$. Both our Thorpe scale and strain spectral methods predict an increase in $\kappa_{\rho}$ near the $T$ maximum south of the PF. The fact that double diffusion alone can not describe mixing south of the PF is, perhaps, not surprising since wind forcing and eddy activity, while smaller south of the PF, are still elevated above levels in mid-latitude oceans.

6 Summary and open questions

In this paper we use two independent techniques to calculate turbulent mixing rates in the upper 1000 m of Drake Passage from expendable CTD (XCTD) probes. Uncertainty in the magnitude of our dissipation $\varepsilon$ and diffusivity $\kappa_{\rho}$ estimates may arise from our choice of certain numerical constants (see section 2). Furthermore, the theoretical basis for both the Thorpe scale and internal wave-vertical strain techniques is subject to a number of assumptions that are not well-tested in energetic regions like Drake Passage. Therefore, our main conclusions focus on the identification of robust mixing patterns that appear in the two analyses.

The Polar Front (PF) delineates two regions governed by different physical processes. Profiles collected north of the PF are dominated by compensated interleaving, whereas strong interleaving is absent from all profiles collected south of the PF. The clearest spatial signal we observe is an order of magnitude decrease in surface (upper 400 m) mixing rates moving from north to south across the PF. The clearest seasonal signal occurs in surface values north of the PF with mixing rates larger in the winter. Mixing rates decay weakly with depth north of the PF. South of the
PF mixing increases steadily with depth and peaks near the local temperature maximum. Mixing rates below the temperature maximum are not well constrained because overturn detection becomes marginal. Where overturns are well-resolved, our Thorpe scale estimates are consistently larger by a factor of 2-3 than those obtained from the strain spectral method. Strain spectral estimates, which parameterize mixing caused by internal wave breaking, could underestimate mixing rates if other processes, such as salt fingering, make a similar contribution to the dissipation. However, we suspect that the dominant contribution to mixing is internal wave breaking, and Thorpe scale estimates provide an upper bound on mixing rates (see discussion in section 3.2).

Figure 14 summarizes some possible mechanisms that may influence the spatial and temporal mixing patterns that we observe. Wunsch (1998) indicates that the largest energy input to the oceans due to low-frequency wind work occurs in the Southern Ocean, which may lead to large turbulent dissipation rates. Energy input from high-frequency winds can form near-inertial internal waves that eventually transfer their energy to small scales when they break. In our study, elevated mixing rates near the surface are found at latitudes corresponding to peaks in both wind stress and wind stress variance. Also, seasonal variations in wind stress variance and diapycnal diffusivities are largest north of the PF. Double diffusive processes may also contribute to mixing in Drake Passage. The strong interleaving found north of the PF suggests that thermohaline intrusions, which give rise to salt fingering, are prevalent. Weaker mixing may occur due to the diffusive regime of double diffusive convection in regions where temperature is unstably stratified south of the PF. Perhaps the most distinguishing feature of Drake Passage is the persistent influence of mesoscale eddies, but their role in small-scale mixing is not well understood.

There is insufficient information in the XCTD data set to definitively determine which of the mechanisms listed above, if any, are responsible for the mixing patterns we observe. This question and questions surrounding the overall importance of mixing in Southern Ocean dynamics can only be answered by future studies. This will partly require development of theoretical models and numerical techniques to evaluate the types of mixing processes and dynamic pathways to turbulence that may be unique for the Southern Ocean. One of the more intriguing processes is the potential role of energetic eddies in enhancing mixing. Eddies may produce interleaving that leads to double
diffusive convection (e.g., Ferrari & Polzin 2005), and they may also interact non-linearly with the internal wave field to pump energy to small-scale motions (e.g., Zhai et al. 2005). An improved understanding of Southern Ocean mixing processes would also benefit from a dedicated field program in the region, especially one that includes microstructure measurements. Such measurements would help to verify evidence, presented here and in other studies (Naveira Garabato 2004, Sloyan 2005), that small-scale mixing is intense and widespread throughout the water column and likely influences both local Southern Ocean circulation and the global thermohaline circulation.

Acknowledgments

XBT and XCTD sampling in Drake Passage is performed with the assistance of NSF-supported Raytheon Polar Services personnel and other cruise participants. Their support is appreciated and essential to the continued success of the sampling program. We thank Alberto Naveira Garabato both for conversations that led us to pursue this study and for sharing data from Drake Passage. We have also benefited from discussions with Jody Klymak, Eric Kunze and Kurt Polzin and from two anonymous reviews. We gratefully acknowledge the following awards that have supported this research: an NDSEG Fellowship (AFT), NSF OCE-0049066 (STG), NSF OPP-0337998 (JS).
References


**Figure Captions**

**Table 1.** Noise parameters for various Thorpe scale studies, where $\delta \rho$ is the instrument noise, $d\rho/dz$ the stratification, $H$ the depth of the section analyzed and $h$ the distance between measurements. Timmermans et al. (2003) used only temperature profiles for overturns so that $\delta \rho$ and $d\rho/dz$ are replaced by $\delta T$ and $dT/dz$. Noise parameters of XCTD temperature profiles in the Pacific are given for comparison. The two GK96 entries are separate data sets analyzed by Galbraith & Kelley (1996) and the two values of $\delta \rho$ from Stansfield et al. (2001) represent two different types of CTDs that were utilized. The non-dimensional parameters $Q$ and $n$ are defined in (12) and (13) and discussed in section 3.3.

**Fig. 1.** The position ($\times$) of each XCTD cast used in the current study. A majority of the casts occur along a single cruise track illustrated by the dashed line. No less than 19 casts were available for analysis at each of six different latitudes. The mean position of the Polar Front (PF) from Orsi et al. (1995) is given by the solid line, and the contoured bathymetry (m) is from Smith and Sandwell (1997).

**Fig. 2.** (a) Buoyancy frequency $N$ divided into 100 m bins and averaged over all casts at each latitude. (b) Minimum resolvable overturn size $L_{\rho_{\text{min}}}$ in each 100 m bin based on (11) using the mean buoyancy frequency in (a) and $\delta \rho = 0.001$ kg m$^{-3}$. No overturns smaller than 4 m are accepted due to our data processing. Buoyancy frequency divided into (c) summer and (d) winter months show little seasonal signal. The scale is the same in panels (a), (c) and (d).

**Fig. 3.** (a), (f) Potential density, (b), (g) temperature and (c), (h) salinity profiles at typical profiles north and south of the Polar Front respectively. The cast shown in the upper panels was collected at 56$^\circ$ S in November of 2004 while the cast in the lower panels was collect at 60.5$^\circ$ S in June of 2003. In the potential density and temperature panels the gray thick curve indicates the re-ordered profile. Temperature is only re-ordered outside of regions where double-diffusive convection may be important. Panels (d) and (i) show the Thorpe displacements for both the re-ordered density (black curve) and re-ordered temperature (gray curve). In panels (e) and (j), each block represents a turbulent overturn whose vertical thickness and horizontal length represents...
the individual overturn’s vertical size and Thorpe scale respectively. Panels (f-g) show expanded views of one of the largest overturns in our data set.

**Fig. 4.** Diagram of Thorpe scale studies and their associated noise parameters based on Johnson and Garrett’s (2004) Figure 3. The definitions of $Q$ and $n$ are given in (12) and (13). The various studies labeled here are described in Table 1. Overturn resolution improves as $n$ increases and as $Q$ decreases. The current study is given by the shaded oval, with noise parameters north of the Polar Front having smaller values of $Q$ and south of the Polar Front below 700 m having larger values of $Q$. The Thorpe scale method could not distinguish overturns from noise in Timmermans et al. (2003); we find that overturn detection is marginal below 700 m south of the Polar Front.

**Fig. 5.** (a) Cumulative density function of total dissipation $\varepsilon$ based on overturn size for all accepted overturns and (b) probability density function of overturn size. Originally 5686 inversions were detected, and 1301 of these were accepted as true overturns. The solid vertical lines mark the minimum value of $L_{\rho_{\text{min}}}$, the dotted lines mark the mean value of $L_{\rho_{\text{min}}}$ over Drake Passage and the dashed lines mark the maximum value of $L_{\rho_{\text{min}}}$ in our study.

**Fig. 6.** (a) Position of the Polar Front at 200 m depth as determined from each Drake Passage cruise from 2002-2005. Dotted lines indicate the latitudes of XCTD casts. Panels (b-d) and (e-g) show $\sigma_\theta$, $T$ and $S$ at 59° S at times when the cast was south and north of the Polar Front respectively. The cruise dates of the bottom panels are marked by dots in panel (a).

**Fig. 7.** (a) Thorpe scale $L_T$, (b) turbulent dissipation rate $\varepsilon$ and (c) turbulent diffusivity $\kappa_\rho$ averaged over 100 m bins for all the casts at each latitude. The cross-hatched area indicates regions where stratification is weak and overturn detection is marginal (see section 3.3).

**Fig. 8.** Upper panels show 100 m depth-averaged Thorpe scales $L_T$ for casts taken during (a) winter (April-September) and (b) summer (October-March) months. The lower panels show 100 m depth-averaged turbulent diffusivity $\kappa_\rho$ divided in (c) winter and (d) summer months. The cross-hatched area indicates regions where stratification is weak and overturn detection is marginal (see section 3.3).
Fig. 9. Turbulent dissipation rate $\varepsilon$ averaged over 100 m bins for all casts (a) south of the Polar Front and (b) north of the Polar Front. The lower panels show 100 m depth-averaged turbulent diffusivity $\kappa_\rho$ for all casts (c) south of the Polar Front and (d) north of the Polar Front as well. In each 100 m bin the width determined by the two outer vertical lines represents statistical uncertainty as determined by a bootstrap technique (Efron and Gong 1983, see section 4.3).

Fig. 10. Vertical strain spectra formed from the buoyancy frequency over 200 m bins as compared to the Garrett-Munk model spectra (bold line). The spectra represent averages over all casts at a given latitude and bin. The left hand panels are from casts at 56° S, which were always north of the Polar Front, while right hand panels are from casts at 60.5° S, which were always south of the Polar Front. The vertical dashed line represents the value of $k_{\text{max}}$ as described in (6) with $k_{\text{min}} = 0.01$. The accompanying value of $\kappa_{\phi}$, the turbulent diffusivity as calculated from (8), appears in each panel.

Fig. 11. (a) Turbulent diffusivity as calculated from the vertical strain rate $\kappa_{\phi}$ following the discussion in section 2.2. The data are divided into 200 m half-overlapping bins and represent an average over all casts at each latitude. (b) Ratio of $\kappa_\rho$ as derived from the Thorpe scale method to $\kappa_{\phi}$ calculated from the vertical strain rate.

Fig. 12. (a) Average wind stress from QuikScat data for all months between January 2002 and July 2005. The dashed line gives the position of the mean cruise track. (b) Average wind stress along the mean cruise track for all months (solid line) and also divided into summer (dash-dot line) and winter (dashed line) months. The dotted lines give the mean latitudes of the measurement sites.

Fig. 13. (a) Wind stress variance from twice-daily QuikScat data along the mean cruise track divided into winter (April-Sept.) and summer (Oct.-March) months. (b) Ratio of the wind stress variance during winter and summer months which shows a clear peak near 57° S. The dotted lines give the mean latitudes of the measurement sites.

Fig. 14. Schematic of possible mixing processes in Drake Passage. The Polar Front (depicted
schematically here) divides two very different regions. North of the Polar Front, strong wind forcing generates near-inertial internal waves that transfer energy to small scales. These waves can break causing small-scale mixing. Thermohaline intrusions are also prevalent north of the Polar Front and may enhance mixing through salt fingering. Mesoscale eddy activity is large north of the Polar Front, although the role of eddies in mixing processes is not well understood. Near the surface south of the Polar Front, temperature and salinity profiles are susceptible to the diffusive regime of double diffusive convection and mixing is weak. South of the Front mixing increases to a depth of at least 600 m. Below this depth stratification is weak and our mixing estimates are poorly constrained.
<table>
<thead>
<tr>
<th>Study</th>
<th>$\delta \rho$</th>
<th>$d \rho/dz$</th>
<th>$H$ (m)</th>
<th>$h$ (m)</th>
<th>$Q$</th>
<th>$n$</th>
</tr>
</thead>
<tbody>
<tr>
<td>GK96 (SLE)</td>
<td>0.001</td>
<td>0.09</td>
<td>50</td>
<td>0.02</td>
<td>0.002</td>
<td>2500</td>
</tr>
<tr>
<td>GK96 (EUBEX)</td>
<td>0.001</td>
<td>0.0009</td>
<td>1000</td>
<td>0.25</td>
<td>0.001</td>
<td>4000</td>
</tr>
<tr>
<td>Stansfield et al. (2001)</td>
<td>0.0006/0.004</td>
<td>0.01</td>
<td>100</td>
<td>0.01</td>
<td>0.0006/0.004</td>
<td>1000</td>
</tr>
<tr>
<td>Finnegan et al. (2002)</td>
<td>0.0005</td>
<td>0.005–0.0001</td>
<td>300</td>
<td>0.40</td>
<td>0.0003–0.017</td>
<td>750</td>
</tr>
<tr>
<td>XCTDs (Drake Passage)</td>
<td>0.001</td>
<td>0.001–0.0001</td>
<td>100</td>
<td>0.13</td>
<td>0.01–0.1</td>
<td>800</td>
</tr>
<tr>
<td>Timmermans et al. (2003)</td>
<td>0.00013</td>
<td>0.001</td>
<td>5</td>
<td>0.03</td>
<td>0.02–0.3</td>
<td>20–200</td>
</tr>
<tr>
<td>XCTDs (Pacific)</td>
<td>0.005</td>
<td>0.01</td>
<td>100</td>
<td>0.13</td>
<td>0.005</td>
<td>800</td>
</tr>
</tbody>
</table>

Table 1: Noise parameters for various Thorpe scale studies, where $\delta \rho$ is the instrument noise, $d \rho/dz$ the stratification, $H$ the depth of the section analyzed and $h$ the distance between measurements. Timmermans et al. (2003) used only temperature profiles for overturns so that $\delta \rho$ and $d \rho/dz$ are replaced by $\delta T$ and $d T/dz$. Noise parameters of XCTD temperature profiles in the Pacific are given for comparison. The two GK96 entries are separate data sets analyzed by Galbraith & Kelley (1996) and the two values of $\delta \rho$ from Stansfield et al. (2001) represent two different types of CTDs that were utilized. The non-dimensional parameters $Q$ and $n$ are defined in (12) and (13) and discussed in section 3.3.
Figure 1: The position (×) of each XCTD cast used in the current study. A majority of the casts occur along a single cruise track illustrated by the dashed line. No less than 19 casts were available for analysis at each of six different latitudes. The mean position of the Polar Front (PF) from Orsi et al. (1995) is given by the solid line, and the contoured bathymetry (m) is from Smith and Sandwell (1997).
Figure 2: (a) Buoyancy frequency $N$ divided into 100 m bins and averaged over all casts at each latitude. (b) Minimum resolvable overturn size $L_{\rho\text{min}}$ in each 100 m bin based on (11) using the mean buoyancy frequency in (a) and $\delta\rho = 0.001$ kg m$^{-3}$. No overturns smaller than 4 m are accepted due to our data processing. Buoyancy frequency divided into (c) summer and (d) winter months show little seasonal signal. The scale is the same in panels (a), (c) and (d).
Figure 3: (a), (f) Potential density, (b), (g) temperature and (c), (h) salinity profiles at typical profiles north and south of the Polar Front respectively. The cast shown in the upper panels was collected at 56° S in November of 2004 while the cast in the lower panels was collect at 60.5° S in June of 2003. In the potential density and temperature panels the gray thick curve indicates the re-ordered profile. Temperature is only re-ordered outside of regions where double-diffusive convection may be important. Panels (d) and (i) show the Thorpe displacements for both the re-ordered density (black curve) and re-ordered temperature (gray curve). In panels (e) and (j), each block represents a turbulent overturn whose vertical thickness and horizontal length represents the individual overturn’s vertical size and Thorpe scale respectively. Panels (f-g) show expanded views of one of the largest overturns in our data set.
Figure 4: Diagram of Thorpe scale studies and their associated noise parameters based on Johnson and Garrett’s (2004) Figure 3. The definitions of $Q$ and $n$ are given in (12) and (13). The various studies labeled here are described in Table 1. Overturn resolution improves as $n$ increases and as $Q$ decreases. The current study is given by the shaded oval, with noise parameters north of the Polar Front having smaller values of $Q$ and south of the Polar Front below 700 m having larger values of $Q$. The Thorpe scale method could not distinguish overturns from noise in Timmermans et al. (2003); we find that overturn detection is marginal below 700 m south of the Polar Front.
Figure 5: (a) Cumulative density function of total dissipation $\varepsilon$ based on overturn size for all accepted overturns and (b) probability density function of overturn size. Originally 5686 inversions were detected, and 1301 of these were accepted as true overturns. The solid vertical lines mark the minimum value of $L_{\rho_{\text{min}}}$, the dotted lines mark the mean value of $L_{\rho_{\text{min}}}$ over Drake Passage and the dashed lines mark the maximum value of $L_{\rho_{\text{min}}}$ in our study.
Figure 6: (a) Position of the Polar Front at 200 m depth as determined from each Drake Passage cruise from 2002-2005. Dotted lines indicate the latitudes of XCTD casts. Panels (b-d) and (e-g) show $\sigma_\theta$, $T$ and $S$ at 59° S at times when the cast was south and north of the Polar Front respectively. The cruise dates of the bottom panels are marked by dots in panel (a).
Figure 7: (a) Thorpe scale $L_T$, (b) turbulent dissipation rate $\varepsilon$ and (c) turbulent diffusivity $\kappa_\rho$ averaged over 100 m bins for all the casts at each latitude. The cross-hatched area indicates regions where stratification is weak and overturn detection is marginal (see section 3.3).
Figure 8: Upper panels show 100 m depth-averaged Thorpe scales $L_T$ for casts taken during (a) winter (April-September) and (b) summer (October-March) months. The lower panels show 100 m depth-averaged turbulent diffusivity $\kappa_\rho$ divided in (c) winter and (d) summer months. The cross-hatched area indicates regions where stratification is weak and overturn detection is marginal (see section 3.3).
Figure 9: Turbulent dissipation rate $\varepsilon$ averaged over 100 m bins for all casts (a) south of the Polar Front and (b) north of the Polar Front. The lower panels show 100 m depth-averaged turbulent diffusivity $\kappa$, for all casts (c) south of the Polar Front and (d) north of the Polar Front as well. In each 100 m bin the width determined by the two outer vertical lines represents statistical uncertainty as determined by a bootstrap technique (Efron and Gong 1983, see section 4.3).
Figure 10: Vertical strain spectra formed from the buoyancy frequency over 200 m bins as compared to the Garrett-Munk model spectra (bold line). The spectra represent averages over all casts at a given latitude and bin. The left hand panels are from casts at 56° S, which were always north of the Polar Front, while right hand panels are from casts at 60.5° S, which were always south of the Polar Front. The vertical dashed line represents the value of $k_{\text{max}}$ as described in (6) with $k_{\text{min}} = 0.01$. The accompanying value of $\kappa_{\rho}^\phi$, the turbulent diffusivity as calculated from (8), appears in each panel.
Figure 11: (a) Turbulent diffusivity as calculated from the vertical strain rate $\kappa_{\rho}^{\phi}$ following the discussion in section 2.2. The data are divided into 200 m half-overlapping bins and represent an average over all casts at each latitude. (b) Ratio of $\kappa_{\rho}$ as derived from the Thorpe scale method to $\kappa_{\rho}^{\phi}$ calculated from the vertical strain rate.
Figure 12: (a) Average wind stress from QuikScat data for all months between January 2002 and July 2005. The dashed line gives the position of the mean cruise track. (b) Average wind stress along the mean cruise track for all months (solid line) and also divided into summer (dash-dot line) and winter (dashed line) months. The dotted lines give the mean latitudes of the measurement sites.
Figure 13: (a) Wind stress variance from twice-daily QuikScat data along the mean cruise track divided into winter (April-Sept.) and summer (Oct.-March) months. (b) Ratio of the wind stress variance during winter and summer months which shows a clear peak near 57° S. The dotted lines give the mean latitudes of the measurement sites.
Figure 14: Schematic of possible mixing processes in Drake Passage. The Polar Front (depicted schematically here) divides two very different regions. North of the Polar Front, strong wind forcing generates near-inertial internal waves that transfer energy to small scales. These waves can break causing small-scale mixing. Thermohaline intrusions are also prevalent north of the Polar Front and may enhance mixing through salt fingering. Mesoscale eddy activity is large north of the Polar Front, although the role of eddies in mixing processes is not well understood. Near the surface south of the Polar Front, temperature and salinity profiles are susceptible to the diffusive regime of double diffusive convection and mixing is weak. South of the Front mixing increases to a depth of at least 600 m. Below this depth stratification is weak and our mixing estimates are poorly constrained.