A theory for the atmospheric energy spectrum: Depth-limited temperature anomalies at the tropopause

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The horizontal spectra of atmospheric wind and temperature at the tropopause have a steep $-3$ slope at synoptic scales, but transition to $-5/3$ at wavelengths of the order of $500–1,000$ km [Nastrom, G. D. & Gage, K. S. (1985) J. Atmos. Sci. 42, 950–960]. Here we demonstrate that a model that assumes zero potential vorticity and constant stratification $N$ over a finite-depth $H$ in the troposphere exhibits the same type of spectra. In this model, temperature perturbations generated at the planetary scale excite a direct cascade of energy with a slope of $-3$ at large scales, $-5/3$ at small scales, and a transition near horizontal wavenumber $k_i = f/NH$, where $f$ is the Coriolis parameter. Ballpark atmospheric estimates for $N$, $f$, and $H$ give a transition wavenumber near that observed, and numerical simulations of the previously undescribed model verify the expected behavior. Despite its simplicity, the model is consistent with a number of perplexing features in the observations and demonstrates that a complete theory for mesoscale dynamics must take temperature advection at boundaries into account.

geophysical turbulence | meteorology | atmospheric dynamics

In the 1970s, the National Aeronautics and Space Administration (NASA) instrumented commercial Boeing 747 airliners to collect atmospheric data during their regular flights (1) in an endeavor called the Global Atmospheric Sampling Program (GASP). The resulting data set consists of thousands of flight tracks, a few hundred of which are $>10,000$ km long, collected over a 4-year period. Most flights occurred in the midlatitudes and tropics but span the full range of seasons. Because airliners travel at altitudes between 9 and 14 km, the data largely reflect the upper troposphere and lower stratosphere, near the tropopause. Atmospheric wavenumber spectra of horizontal wind and temperature computed from the GASP data set by Nastrom and Gage (ref. 1; hereafter NG85) show a distinct transition from a steep spectral slope of $-3$ at synoptic scales ($\sim 1,000–3,000$ km) to a shallower slope of $-5/3$ at mesoscales ($\sim 10–500$ km), with a fairly distinct transition centered at a horizontal wavelength of $\sim 600$ km. Understanding the source and structure of this spectrum has posed a puzzle in atmospheric science for the past 20 years.

The spectrum is intriguing because it agrees so well at large scales with Charney’s (3) theory of geostrophic turbulence but deviates from that prediction where it shallows. Moreover, the fact that the small-scale slope is $-5/3$ invites multiple explanations, because that is the theoretical slope both for the forward cascade of energy in isotropic, three-dimensional (3D) turbulence, and for the inverse cascade of two-dimensional (2D) turbulence, as well as other systems. At the large scale, Charney argued (3), rotation and stratification conspire to make the atmosphere quasi-2D. Stirring by baroclinic instability (or any planetary mechanism) will induce a forward cascade of potential enstrophy, reflected in a $-3$ kinetic energy spectrum below the stirring scale. Moreover, the theory predicts equipartition between kinetic and available potential turbulent energy, and so the temperature variance spectrum should have the same slope as kinetic energy, just as observed. The forward enstrophy cascade in this theory should proceed down to scales at which rotation becomes less important, where unbalanced motions and instabilities might efficiently lead to dissipation. In the atmosphere, a reasonable estimate puts this scale an order of magnitude smaller than the observed transition scale.

Previous Explanations

Explanations in the literature for the mesoscale spectrum fall into three general categories as follows: (i) an inverse cascade of small-scale energy, produced perhaps by convection (4–6); (ii) production of gravity waves by divergent flows (7–11); or (iii) a direct cascade of energy from the large scales (12–15). More recent observations and analysis present new facts that must be accommodated by theory. Regarding type (i) theories, Cho and Lindborg (16) analyzed horizontal velocity data from a series of thousands of flights in the late 1990s at altitudes between 9 and 12 km. From this analysis, they inferred a forward cascade of energy for scales of the order of 100 km and smaller. Regarding the hypotheses of type (ii), data collected on scales between 1 and 100 km over the Pacific Ocean (the Pacific Exploratory Mission; see ref. 17) indicate that mesoscale energy away from the equator is dominated by vortical modes rather than divergent ones (18). It is pointed out that observations over land may reveal more gravity wave energy at these scales than over the ocean, but even so, a complete theory cannot then rely solely on gravity waves to produce the mesoscale spectrum. In sum, the current state of observational evidence leaves only theories of type (iii) as plausible universal explanations of the NG85 data.

Tung and Orlando (ref. 12; hereafter TO03) propose a model that, at first glance, explains the observations. The basis of their argument is that the standard model of geostrophic turbulence proposed by Charney (3) is incomplete, because in any finite-width inertial range, there will always be some leakage of energy to small scales (19, 20). In their theory, the subdominant $k^{-5/3}$ cascade reveals itself at the wavenumbers where the direct cascading energy spectra exceed that of the enstrophy cascade, namely for wavenumbers $k > (\eta/\epsilon)^{2/3}$, where $\epsilon$ is the downslope energy flux and $\eta$ is the enstrophy flux. TO03 support their theory with a small number of simulations using a standard numerical two-layer quasi-geostrophic model forced by baroclinic instability. One of the present authors, however, noted that because the forward energy cascade rate $\epsilon$ depends on the dissipation scale, the transition scale of TO03 will always coincide with the effective Kolmogorov scale of the dissipation mechanism and so changes with

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Abbreviations: GASP, Global Atmospheric Sampling Program; SQG, surface quasi-geostrophy; fSQG, finite-depth SQG; NG85, ref. 1 (Nastrom and Gage); TO03, ref. 12 (Tung and Orlando).

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filter strength and grid resolution (21). A similar spectrum to that found by TOO3 can be obtained by underdissipating the forward enstrophy cascade, causing a buildup of enstrophy at the grid scale. For the theory of TOO3 to be correct, then, the atmosphere must possess a mechanism that selectively dissipates the forward cascade at some fixed O(1 km) scale, independent of energy flux.

The compelling part of the TOO3 argument is that the proposed mechanism relies on a forward cascade of vortical energy. An improved theory should also possess that characteristic. Lindborg (13, 14) demonstrated that a forward $-5/3$ slope energy cascade can arise in highly stratified 3D turbulence when rotation is sufficiently weak, although no explicit connection to energy cascade can arise in highly stratified 3D turbulence when the invariants are the total energy $E = \langle \phi^2 \rangle / 2$ and the potential energy $E_t = \langle \theta \phi \rangle / 2$, where $\phi$ represents a volume average. In SOG the invariants are the temperature variance $T = \langle \theta^2 \rangle / 2$ and the total energy $E_t = \langle \theta \phi \rangle / 2$, where the overbar implies an area average at $z = 0$. $^\dagger$

Defining spectral densities such that $E_t = \int \epsilon_k \langle \phi \rangle dk$ and $T = \int \epsilon_k \langle \theta \rangle dk$, the SOG invariants are related as $\langle \theta \phi \rangle = \sigma k \epsilon_k$. In the inverse cascade of total SOG energy, the densities have spectra $\epsilon_k \propto k^{-5/3}$ and $\langle \theta \phi \rangle \propto k^{-1}$, whereas in the forward cascade of temperature variance one has $\epsilon_k \propto k^{-8/3}$ and $\langle \theta \phi \rangle \propto k^{-5/3}$. (26, 28).

The Model

The fundamental model we propose here is a variant of SQG that highlights the transition between quasi-2D barotropic flow and baroclinic 3D flow. From the solution connecting $\psi$ and $\theta$ (Eq. 2), one sees that as the horizontal scale gets larger (or $k$ gets smaller), the penetration depth of the temperature anomalies increases proportionally, with aspect ratio given by the Prandtl ratio, $\sigma = N/\nu$. At large enough scale, the penetration will reach deep into the troposphere and interact with the interior flow, if it ceases to be homogenized at some depth, or the lower boundary as an upper limit. The simplest possible extension of SQG that takes this effect into account is the restriction of the domain in Eq. 1 to a finite depth, specifically, replacing Eq. 1d with the condition $\theta = 0$ at $z = -H$. In this case, the replacement of solution 2 is

$$\hat{\psi}(k, z) = \left[ \frac{\text{cosh}(\sigma(z + H)k)}{\sigma k \sinh(\sigma Hk)} \right] \hat{\theta}(k, 0), \ [3]$$

which at the upper surface becomes

$$\hat{\psi}(k, 0) = (\sigma H)^{-1} \hat{\theta}(k, 0). \ [4]$$

The remarkable property of this finite-depth SOG (fSOG) model results from the properties of the hyperbolic tangent in the inversion. At large scales, or $k \ll (\sigma H)^{-1}$, the temperature is related to the streamfunction like $\theta(k, 0) = \sigma^2 H^2 k \hat{\psi}(k, 0)$, whereas at small scales, or $k \gg (\sigma H)^{-1}$, the inversion is approximately $\hat{\psi}(k, 0) \approx k \hat{\theta}(k, 0)$. Thus, the relation at the surface of streamfunction to adveced quantity (temperature) transitions from a quasigeostrophic/2D-like inversion at large scales, to an SOG-like inversion at small scales, with the transition occurring at the wavenumber

$$k_\perp = (\sigma H)^{-1} = \frac{f}{NH}. \ [5]$$

Note that this predicted transition scale is only equal to the deformation scale when $H$ is taken as the full depth of the troposphere, which we take as an upper bound. This topic will be considered further in Discussion. $^\dagger$

$^\dagger$The invariant $E_t$ is proportional to the total energy of the flow; multiplying the potential vorticity $\theta$ by $-\psi$ and integrating over volume, one has that

$$\langle \nabla \phi \rangle^2 + \sigma^{-1} \theta^2(\sigma^{-2} H^2 k \sin \theta_{\psi} \theta_{\phi} - \langle \phi \theta \rangle),$$

which is just twice the total energy $E$ (here $N_k$ is some averaging depth). Thus, if $q = 0$, the total energy is $E = (1/2) \sigma^{-2} H^2 k \sigma^{-1} \theta^2(\sigma^{-2} H^2 k \sin \theta_{\psi} \theta_{\phi} - \langle \phi \theta \rangle),$
The spectral slopes can be predicted as follows. Defining the spectral density of the streamfunction by the relation \( \mathcal{E}_\psi(k) = \int \tilde{\psi}^2(k) dk \), the conserved invariants have the form

\[
\mathcal{E}_\psi(k) = c k \tanh(k/k_t) \mathcal{P}(k),
\]

where \( k_t \) is the turbulent timescale at wavenumber \( k \). Because the turbulent timescale is the advective timescale, we can express it in terms of the streamfunction spectrum, \( k_t = [c k \tanh(k/k_t)]^{-1/2} \). Using this expression in Eq. 7 and eliminating \( \mathcal{P}(k) \) with the help of Eq. 6b reveals that

\[
\mathcal{T}(k) = C_T e^{2/3[\sigma \tanh(\sigma k H)]^{-2/3} k^{-5/3}},
\]

where \( C_T \) is the appropriate Kolmogorov constant.

It is the temperature variance spectrum that determines all other spectra in the direct cascade range, and so, for example, we can derive \( \mathcal{P}(k) \) through elimination of \( \mathcal{T}(k) \) between Eqs. 6b and 8, and similarly for \( \mathcal{D}(k) \). More to the point, the kinetic energy spectrum is

\[
k^2 \mathcal{P}(k) = [\sigma \tanh(\sigma k H)]^{-2/3} \mathcal{T}(k),
\]

which thus takes on the small- and large-scale limits

\[
k^2 \mathcal{P}(k) = \begin{cases} C_T e^{2/3(\sigma H)^{-2/3} k^{-3}}, & k < k_t, \\ C_T e^{2/3(\sigma H)^{-2/3} k^{-5/3}}, & k > k_t. \end{cases}
\]

To summarize, the hypothesis is that synoptic-scale stirring produces a balanced, forward cascade of temperature variance at the tropopause (and perhaps at the ground as well). At large scales, the flow is quasi-barotropic because the penetration depth is large enough to interact with the interior flow (or the lower boundary as an upper limit), and here the cascade exhibits the same kinetic energy spectrum as in Charney’s theory (3) of quasigeostrophic turbulence. As the cascade proceeds, the penetration depth of temperature anomalies decreases. When the vertical scale is small compared with the depth over which the tropospheric interior potential vorticity is homogenized, the cascade flattens to a \(-5/3\) slope, recovering its essential SQG-like nature. The accompanying temperature spectrum is considered in the discussion. The small-scale filter is adjusted for each simulation so that it acts only near the highest resolved wavenumber, as explained above. Each spectrum was calculated by averaging over time (for the portion of the simulation over which the flow was in steady state) and azimuthal angle in the horizontal plane.

**Numerical Tests of the Predicted Spectra**

Here we present the results of a series of simulations of the fSQG model, forced by large-scale stirring and dissipated scale-selectively at both the domain and grid scales. The system modeled is just with added forcing and dissipation terms, coupled with the \( \hat{\psi} \)-\( \hat{\theta} \) inversion for the finite-depth model. The calculation is performed in the spectral domain, corresponding to a \( 2\pi \)-periodic physical domain, by using a de-aliased fast Fourier transform method to calculate the nonlinear terms, by means of the staggered grid method of Orszag (32). Stirring is generated at \( k_0 = 4 \) by a random Markovian process that is highly correlated in time (so that the decorrelation time is longer than the eddy turnover time in the cascade). Large-scale dissipation of the inverse cascade is accomplished with a strong linear drag on temperature. The forward cascade of temperature variance is dissipated by using a highly scale-selective exponential cutoff. The filter is explicitly restricted to act only on \( k \geq 2k_{max}/3 \) but in fact affects a much smaller range of wavenumbers close to \( k_{max} \). The details of the filter are discussed in ref. 21. In all cases, the filter is sufficiently strong that the high-wavenumber spectrum is minimally influenced by the filter but strong enough to ensure that our effective Kolmogorov scale is resolved.

Fig. 1 shows a plot of the kinetic energy spectra \( k^2 \mathcal{P}(k) \) for a series of simulations performed at resolutions ranging from \( 256^2 \) \( (k_{max} = 127) \) to \( 2,048^2 \) \( (k_{max} = 1,023) \), all using \( \sigma = 1 \) and \( H = 1/50 \), so that the input transition wavenumber is \( k_1 = 50 \). Also shown for reference is the result of a simulation of standard 2D Euler turbulence, forced and dissipated identically to the other runs, performed at \( 2,048^2 \) resolution, and the theoretical spectrum, with constant chosen to match the large-scale spectra. The small-scale filter is adjusted for each simulation so that it acts only near the highest-resolved wavenumber, as explained above. Each spectrum was calculated by averaging over time (for the portion of the simulation over which the flow was in steady state) and azimuthal angle in the horizontal plane.

At large scales, all fSQG spectra follow the 2D Euler spectra. That said, all are steeper than a \(-3\) slope near the forcing scale, but this is not uncommon for the direct cascade range in 2D turbulence. The consistency at large scales between the fSQG kinetic energy spectra at \( z = 0 \) with \( k_1 = 50 \), computed at different horizontal resolutions. The thin solid line shows a calculation of regular 2D turbulence for reference, and the thin dashed line is the theoretical spectrum (Eq. 9), with constant chosen to match the large-scale spectra.
increasing latitude. Figure 8 of ref. 1 (NG85), which plots the decreases, and so the transition scale should decrease with depending on the interpretations of ical homogenization depth. Thus, where deeper tropical troposphere should translate into a larger trop-

constant throughout the troposphere, distinct geographical dependence. Although inverse cascade to produce the spectra observed in the GASP fore, one need invoke neither unbalanced dynamics nor an dent of both model resolution and small-scale dissipation. There-

robust, well predicted by the natural scale transitions presented here moreover demonstrate that such a transi-

of fundamental background parameters. The numerical simula-

tions of the predicted transition scale (Eq. 5) implies a potential inconsistency between the present theory and the NG85 potential energy spectrum $\sigma^{-2}\mathcal{J}(k)$. The potential energy spectrum predicted at large scales by the fSQG model is shallower than that predicted by the Charney theory (3), whereas the data of NG85 indicate equipartition at all scales, consistent with Charney’s theory. Using Eq. 9, the ratio of potential to kinetic energy in fSQG is

$$ \frac{\sigma^{-2}\mathcal{J}(k)}{k^2\mathcal{P}(k)} = [\tanh(\sigma HK)]^2. $$

At $k \ll k_1$, potential energy thus has a slope of approximately $k^{-1}$ but is smaller than the kinetic energy by the ratio $(k/k_1)^2$, whereas at $k > k_1$, fSQG predicts equipartition.

The three inadequacies of the present model noted in the previous few paragraphs can be resolved with a simple extension. If both surface and interior anomalies are active in generating the flow, then interior dynamics should dominate the tempera-

spectra of wind and temperature as functions of latitude band, indicates that this hypothesis is the situation.

The model suggested here can explain many features of the observations, but taken on its own it has important limitations. By using typical midlatitude tropospheric values of $N \sim 10^{-2}$ s$^{-1}$ and $f \sim 10^{-4}$ s$^{-1}$, the predicted transition scale between the two slopes is $L_t = NH/f \sim 100H$. Therefore, a transition scale on the order of hundreds of kilometers, as observed by NG85, requires a vertical scale on the order of kilometers. This result is consistent with the notion of the tropospheric depth as an upper bound on $H$, with such a bound occurring in the limit that potential vorticity is assumed constant throughout the entire thickness of the troposphere. However, if we take $H = H_{troposphere}$, then the transition wavenumber (Eq. 5) is equiv-
alent to the Rossby deformation wavenumber. If baroclinic instability induces the cascade of temperature variance, one then must have $H < H_{troposphere}$ for a $-3$ cascade range to exist. The most straightforward way to include baroclinic instability in the present model is to replace the lower isothermal boundary condition with a second active temperature layer (33), but in this case it is not clear that the transition scale will be different from in our one-layer finite-depth model. One might also question the assumption of constant tropospheric and infinite stratospheric stratification. Following Juckes (23), it is straightforward to show that adding a stratospheric layer changes the large-scale spectral slope but also does not alter the expected transition scale.

Another issue not yet addressed is the vertical structure of the spectra. If the entire troposphere were truly dominated by the dynamics of temperature advection at the tropopause, then at scales smaller than the transition scale, one should see an evanescently decaying signal as one moves down into the troposphere. Tracer spectra also should, in this case, show qualitatively different behavior at depth than at the tropopause (2). Gao and Meriwether (34) present an analysis of a limited set of data taken at 6 km, and, not unexpectedly, there is energy at mesoscale mid-depths. They did find that the spectrum of energy is steeper (close to $-2$) than that of the GASP data, but there is more amplitude than would be expected from purely tropo-

pause-trapped flow.

Finally, careful consideration of the predicted fSQG spectra indicates a potential inconsistency between the present theory and the NG85 potential energy spectrum $\sigma^{-2}\mathcal{J}(k)$. The potential energy spectrum predicted at large scales by the fSQG model is shallower than that predicted by the Charney theory (3), whereas the data of NG85 indicate equipartition at all scales, consistent with Charney’s theory. Using Eq. 9, the ratio of potential to kinetic energy in fSQG is

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Fig. 2. fSQG kinetic energy spectra $k^{1/2}g(k)$ at $z = 0$ with $k = 25, 50, 100$, and 200 at 2.048$^2$ resolution. The thin solid line is the spectrum from a simulation of standard 2D turbulence, shown for reference. (Inset) The measured transition wavenumber compared with the input value $k_t$. See text for details.

$k_t$, we performed a series of simulations at 2.048$^2$ resolution, with $k_t$ equal, respectively, to 25, 50, 100, and 200 ($\sigma = 1$ for all simulations, and $H$ was varied). The energy generation rate was normalized by $(\sigma^2 H)^{-1}$ for each simulation. The kinetic energy spectra for each run, along with the spectra from a simulation of standard 2D turbulence for comparison. One can see that the resulting transition wavenumber increases with increasing input $k_t$. Fig. 2 Inset shows the measured estimates of the transition wavenumber plotted against the input parameter, $k_t$ (the measured transition wavenumber is defined as the wavenumber where the spectral slope is $k^{-15/6}$). The plot indicates that the transition wavenumber is well approximated by $f/NH$, as expected.

**Discussion**

The proposed model for the effects of tropopause temperature anomalies on the atmospheric energy spectrum should be taken as a heuristic tool, not as a complete theory. The model is significant, however, because it demonstrates how turbulent motions at the synoptic scale can produce a balanced, forward cascade of temperature variance, resulting in an upper-tropospheric spectrum with a break at a scale that is a function of fundamental background parameters. The numerical simulations presented here moreover demonstrate that such a transition indeed occurs in the fSQG model and that the transition is robust, well predicted by the natural scale $f/NH$, and independent of both model resolution and small-scale dissipation. Therefore, one need invoke neither unbalanced dynamics nor an inverse cascade to produce the spectra observed in the GASP data.

The form of the predicted transition scale (Eq. 5) implies a distinct geographical dependence. Although $N$ is approximately constant throughout the troposphere, $f$ varies with latitude. Also, depending on the interpretations of $H$, one could argue that the deeper tropical troposphere should translate into a larger tropical homogenization depth. Thus, where $f$ increases, $H$ likely decreases, and so the transition scale should decrease with increasing latitude. Figure 8 of ref. 1 (NG85), which plots the $k_0$, we performed a series of simulations at 2.048$^2$ resolution, with $k_t$ equal, respectively, to 25, 50, 100, and 200 ($\sigma = 1$ for all simulations, and $H$ was varied). The energy generation rate was normalized by $(\sigma^2 H)^{-1}$ for each simulation. The kinetic energy spectra for each run, along with the spectra from a simulation of standard 2D turbulence for comparison. One can see that the resulting transition wavenumber increases with increasing input $k_t$. Fig. 2 Inset shows the measured estimates of the transition wavenumber plotted against the input parameter, $k_t$ (the measured transition wavenumber is defined as the wavenumber where the spectral slope is $k^{-15/6}$). The plot indicates that the transition wavenumber is well approximated by $f/NH$, as expected.

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1 A unit input of $\theta$ scaled by $(\sigma^2 H)^{-1}$ will result in the same streamfunction as a unit input of 2D vorticity, because $(\sigma^2 H)^{-1}$ is the factor in the $\theta\to\tilde{\theta}$ inversion at large scale, where the energy is injected.
ture spectrum at large scales, and so large-scale available potential and kinetic energy will be in equipartition, as observed. At scales smaller than the transition scale, SQG predicts equipartition between potential and kinetic energy but also predicts that both will have spectra that are shallower and of larger amplitude than those generated by the interior flow. Thus, at small scales the energy generated by the surface-trapped cascade will emerge to dominate the spectra of both kinetic and potential energy [Held et al. (29) make a similar hypothesis in their conclusion]. Moreover, the emergence of the $5/3$ surface-trapped cascade may occur at smaller scales than $k_t$ when the large scales are dominated by the $3$ interior dynamics, depending on the relative strength of the surface and interior forcing.

It may be the case that a continuously stratified quasigeostrophic model in which both lower and upper boundary temperature advection are explicitly taken into account (isothermal boundaries are used in most numerical quasigeostrophic models) would reveal a spectral signature quantitatively similar to that observed by NG85. Nevertheless, the consistency of the predictions for the observed mesoscale spectrum with or without significant interior flow anomalies is a satisfying feature of the simple model suggested here.

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